

# 2<sup>nd</sup> International Conference

## European Renal Nutrition (ERN) working group dell'ERA-EDTA

Retarding CKD progression: readily available through comprehensive nutritional management?

20/21 september 2016  
Hotel Royal Continental, Naples

under the sponsorship of:



Leading European Nephrology



SECONDA UNIVERSITÀ DEGLI STUDI DI NAPOLI

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sponsorship requested:



Azienda Ospedaliera Universitaria OO.RR San Giovanni di Dio e Puggi d'Aragona

under the auspices of:



Naples, April 11, 2016

## PRESENTATION

*Chronic Kidney Disease (CKD) has been recently included among the major chronic non-communicable epidemic diseases because of its increasing prevalence, its severe prognosis and its associated dramatic reduction in quality of life. CKD also conveys elevated healthcare costs, nowadays unsustainable for many countries.*

*The loss of renal function and the progression towards end-stage renal disease can be attenuated and effectively managed by acting since the early stages with appropriate multifactorial intervention, both pharmacological and nutritional.*

*The European Renal Nutrition (ERN) working group of the ERA-EDTA, addresses the nutritional disorders that develop as a consequence of CKD and how their management can result in better patient outcomes. In this second international conference, we provide an in-depth analysis of nutritional management in non-dialysis CKD. We will cover both nutritional strategies to retard progression and nutritional habits to avoid other uremia-related complications.*

*Nutritional treatment of CKD is a complex therapeutic intervention that requires a multidisciplinary team work, including the work of nephrologists, nutritionists, endocrinologists and dieticians. This Scientific conference is addressed to these professionals, providing a timely and updated information on the relationship between the nutrients, foods and kidney disease, and deciphering how their interaction can reduce metabolic complications, retard CKD progression and improve the overall health status of non-dialysis CKD patients.*



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### GENERAL INFORMATION

#### DATE

20th September 21 2016

#### VENUE OF THE CONGRESS

Hotel Royal Continental  
Via Partenope, 38/44 - 80121 Naples

#### entry

Participation in the work is free and limited.

For the Congress will also be awarded:

INTERNATIONAL TRAVEL BAGS FOR YOUNG nephrologists BY ERA-EDTA  
NATIONAL TRAVEL BAGS BY SIN

#### ECM credits

Delos Communication Srl Provider Age.Na.S N° 456 will credit course for 150  
Surgeons specializing in: Nephrology, Metabolic Diseases and Diabetology, Cardiology, Internal  
Medicine, General Medicine, Endocrinology, Hepatology, Food Science;

#### European ECM credits

#### record attendance

Participants registration and verification presences September 20, 2016  
The classroom presence is required for the acquisition of the loans and will be taken at entry and  
exit.

#### ECM certificate

The certificate of attendance ECM, having legal value for the allocation of credits  
assigned to the event, it will be issued after verifying the presence of 100% of the hours  
training and passing the final exa



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### Scientific Secretary:

- **Vincenzo Bellizzi**  
*Nephrology-Az. Osp. Univ. Ruggi of Aragon Salerno*
- **Giuseppe Conte,**  
*Nephrology-Second University of Naples*
- **Nicola De Luca**  
*Nephrology-Second University of Naples*
- **Roberto Minutolo**  
*Nephrology-Second University of Naples.*

### Speakers

Vincenzo Bellizzi  
Juan Jesus Carrero Roig  
Philippe Chauveau  
Mario Cozzolino  
Adamasco Cupisti  
Claudia D'Alessandro  
Luca De Nicola  
Enrico Fiaccadori  
Denis Fouque  
Loreto Gesualdo  
Francesca Mallamaci  
Pablo Molina  
Giorgina Barbara Piccoli  
Giuseppe Quintaliani  
Luca Scalfi  
Pasquale Strazzullo  
Christoph Wanner



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### PRELIMINARY SCIENTIFIC PROGRAM

20 September 2016 (afternoon)

13.00 TEST KITCHEN

14.00 Course Presentation

session 1 - **Desirable nutrient intakes in pre-dialysis CKD**

**Chairs: Denise Froque, Vincenzo Bellizzi**

14.30 Nutritional habits in CKD patients: practical dietary approach in the routine clinical practice  
[**Adamasco Cupisti**]

14.50 Low salt diet in pre-dialysis CKD: why and how to reduce it?  
[**Pasquale Strazzullo**]

15.10 Dietary quality rather than quantity to retard disease progression  
[**Juan Jesus Carrero**]

15.30 Metabolic acidosis, muscle wasting and CKD progression; plant food as a therapy  
[**Philippe Chauveau**]

15.50 DISCUSSION

#### 16.20 COFFEE BREAK

Session 2 - **Protein energy wasting in pre-dialysis CKD**

**Chairs: Denise Froque, Giuseppe Quintaliani**

16.40 Prevalence and consequences of PEW in pre-dialysis CKD  
[**Juan Jesus Carrero**]

17.00 Diagnostic tools for screening and assessment of PEW in pre-dialysis CKD  
[**Enrico Fiaccadori**]

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### Nutritional strategies in pre-dialysis CKD – 1

- 17.20 Serum phosphate targets and non-dietary phosphate restriction strategies to improve outcomes in pre-dialysis CKD  
[**Mario Cozzolino**]
- 17.40 Dietary approaches to control phosphate levels  
[**Denis Fuoque**]
- 18.00 DISCUSSION
- 18:30 Conclusions of the day

**21 September 2016 (morning)**

### Session 3 - Nutritional strategies in pre-dialysis CKD - 2 CHAIRS: Juan Jesus Carrero Roig, Giorgina Barbara Piccoli

- 09.00 The low protein diet in CKD  
[**Denis Fuoque**]
- 09.20 Supplemented very low-protein diet and hard outcomes  
[**Vincenzo Bellizzi**]
- 09.40 Calcium and native vitamin-D management as targets for slowing CKD progression  
[**Pablo Molina**]
- 10.00 Counselling, adherence and concordance of a comprehensive nutritional treatment in pre-dialysis CKD: the role of the renal dietician [**Claudia D'Alessandro**]
- 10.20 DISCUSSION

### **10.40 COFFEE BREAK**



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### Session 4 - Nutritional strategies in pre-dialysis CKD: novelty and concerns

**CHAIRS: Juan Jesus Carrero Roig, Giorgina Barbara Piccoli**

- 11.00 The bowel microbiota in CKD as a new substantial player in the management of CKD. May we consider this a real tool?  
[**Loreto Gesualdo**]
- 11.20 Impact of the Mediterranean diet on CVD in pre-dialysis CKD  
[**Luca Scalfi**]
- 11.40 Overweight/obesity in pre-dialysis CKD: is it really a risk factor?  
[**Christoph Wanner**]
- 12.00 Overweight/obesity in pre-dialysis CKD: interventions in patients who have to lose weight  
[**Francesca Mallamaci**]
  
- 12.20 Discussion and Closing of the Course